1 JANUARY 15, 2021

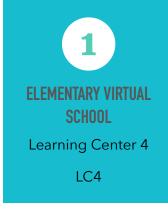
Virtual Committee Newsletter



Island Public/Science School

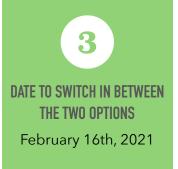
Dear parents and students,

With the new Ontario government's measures all TDSB elementary students have been moved online until February 10th, 2021. This move has been put in place in order to control the rise in COVID-19 cases. The link to TDSB's announcement on this matter is https://www.tdsb.on.ca/News/Article-Details/ArtMID/474/ https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/News/https://www.tdsb.on.ca/New





All TDSB students are placed in online learning until Feb10th, 2021







GET ENOUGH EXERCISE AND REST



MAINTAIN A GOOD BALANCED DIET

2 JANUARY 15. 2021

Students remaining in virtual school learning will not experience any change since they will not be affected. Mary Salvarinas and Patricia Sutherland are the principals for LC4 virtual school. The contact information for LC4 are:

Phone:416-397-2468

Email: <u>TDSBVirtualElementarySchoolLC4@tdsb.on.ca</u> Web: https://www.tdsb.on.ca/Virtual-School/Virtual-

School-Elementary/Learning-Centre-4-LC4

Our principal Scott Woolford remains as our principal for students who have been switched to online learning from in person learning. Please direct all your

questions and concerns to him as well as your teachers. Scott's email is Scott.Woolford@tdsb.on.ca.

If you are having technical issues with your electronic devices please reach out to the contacts mentioned above.

TDSB has also put together resources for individuals who need mental health well being support during these unprecedented times. Please reach out if you need to. To access the page and a list of resources please click on the following links:

https://www.tdsb.on.ca/Elementary-School/Supporting-You/Mental-Health-Well-being And

https://www.tdsb.on.ca/In-Person-Learning/Resources-During-Covid-19

Lastly if you or any of your family members need to get tested for COVID-19 please refer to Toronto's public health website for information on testing centres near you.

 $\underline{https://www.toronto.ca/home/covid-19/covid-19-what-you-should-do/covid-19-have-symptoms-or-been-exposed/covid-19-assessment-centres/$

Wishing you all a very safe and joyous 2021.

Atousa Faraz, IPS Executive Council Virtual Chair Email: SC.IslandPublicNaturalScienceSchool@tdsb.on.ca

FOLLOWING A SCHEDULE AT HOME

Following a schedule even on weekends could help with accomplishing homework and school work. It could also help reduce your stress of getting work done while everyone is staying at home. If you need to remember your routine write it down and place it in an area visible to other members of your family. Make sure to include time for exercise, rest and other leisure activities like doing crafts in your schedule.



